



Substance Use Disorder Outcomes Report

Managed Behavioral Health (Full Carve-Out) | January 2024 - December 2025

Prepared by: Substance Abuse Analytics

Uprise Health Data Sources: Claims, Authorizations, Clinical Records

Executive Overview

Substance Use Disorder (SUD) is widely recognized as a chronic, relapsing condition. Claims-based analysis of Uprise Health's Managed Behavioral Health program demonstrates improved recidivism outcomes and stable post-discharge recovery across higher levels of care, with measurable year-over-year improvement.

Key Findings

These findings summarize Uprise Health's SUD treatment outcomes over the most recent two-year period*, highlighting overall stability after discharge and trends in continued recovery.

- Reduction in early (0–30 day) recidivism events year-over-year
- Appropriate utilization of detox and residential levels of care

17%

2024 Recidivism Rate

15%

2025 Recidivism Rate

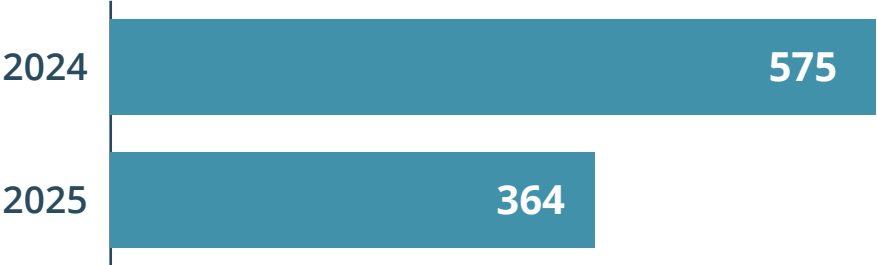
83.5%

of treatment episodes
remained stable
within the 12-month
post-discharge
window

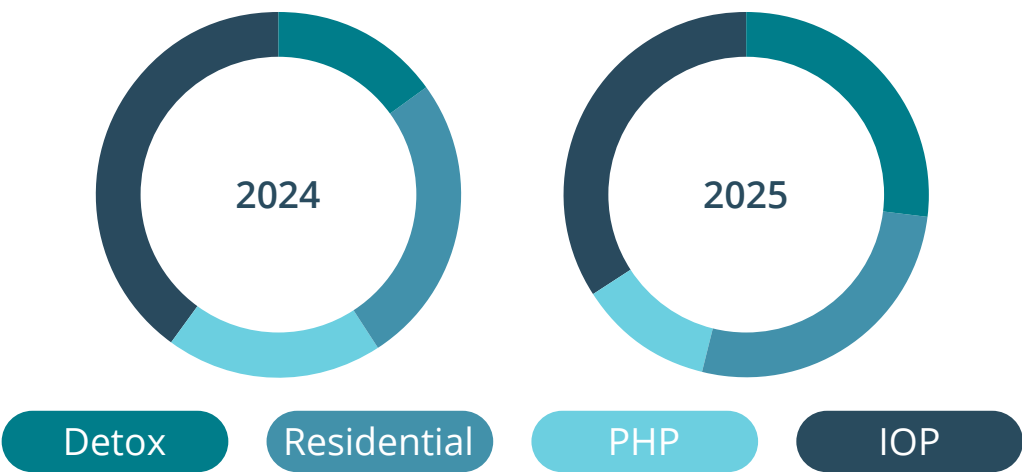
*Data reflects 669 unique members (for population context only) who completed SUD treatment discharged across 2024-2025.

Population Overview

Total Discharges



Level of Care Distribution



Increased distribution of detox and residential utilization in 2025 suggests earlier intervention and acuity-aligned placement, supporting stabilization.

Recidivism Outcomes

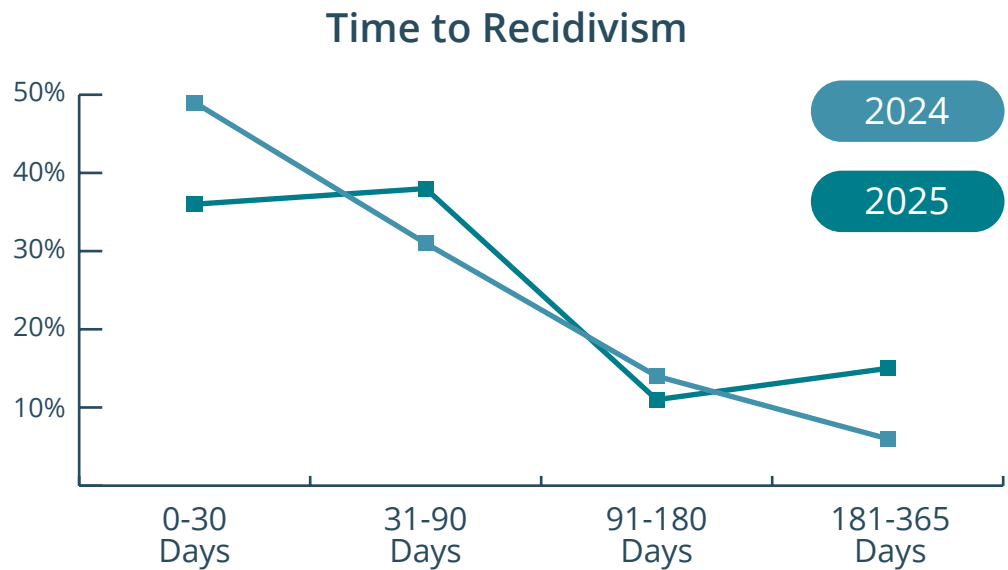
Recidivism decreased year over year despite meaningful higher-acuity utilization.

Year-Over-Year Recidivism

Year	Discharges	Episodes with Recidivism	Recidivism Rate
2024	575	100	17%
2025	364	55	15%

Stability After Discharge

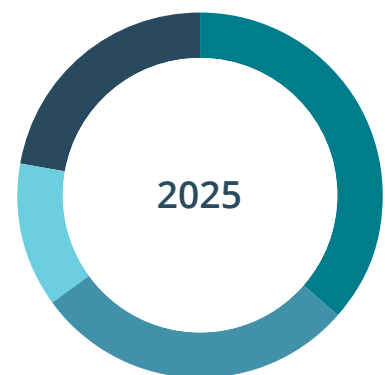
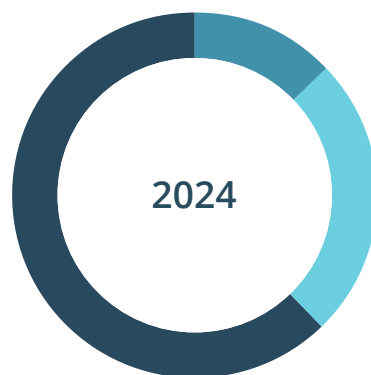
Early post-discharge recidivism (0–30 days) decreased significantly in 2025, indicating improved discharge coordination and step-down stabilization.



Recidivism by Level of Care

Higher levels of care demonstrate controlled readmission patterns consistent with chronic disease management models.

Recidivism Discharge Distribution



Detox

Residential

PHP

IOP

Overall Two-Year Outcome Summary

January 2024 – December 2025 | Managed Behavioral Health SUD Program

Recidivism improved year-over-year, decreasing from 17% in 2024 to 15% in 2025, demonstrating stable outcomes and continued progress in recovery.

16.5%

**Two-Year Recidivism Rate
(Episode-Based)**

155 recidivism events out of 939
completed treatment episodes

83.5%

No Recidivism

of treatment episodes remained
stable within the 12-month
post-discharge window

669

Unique Members Served

Deduplicated across 2024-2025
(for population context only)

Methodology Notes

- Recidivism is defined as a new SUD-related claim within 12 months following discharge from a completed treatment episode
- Measured within a 12-month post-discharge observation window
- Two-year summary calculated on a per-episode basis
- Member counts are deduplicated for population context only
- Duplicate claims removed; eligibility confirmed; transfers excluded

While national benchmarks cite 40–60% relapse within 12 months, Uprise Health's claims-based recidivism rate of 15% in 2025 reflects durable stabilization following higher-level care.

Uprise Health's Managed Behavioral Health SUD program demonstrates durable stabilization across higher levels of care, with measurable year-over-year improvement and sustained member stability in a condition widely recognized as chronic and relapsing.

Outcomes are validated using claims-based methodology and longitudinal clean-period logic.

The Uprise Health Solution

Uprise Health's Substance Use Disorder (SUD) program is delivered through our Managed Behavioral Health (MBH) full carve-out model and is designed to support members across the full continuum of care, from early identification and assessment through higher levels of treatment and sustained recovery.

Our clinical team coordinates and manages SUD benefits using evidence-based utilization management, care navigation, and provider oversight to ensure members are placed in the most appropriate level of care based on medical necessity. This includes access to detoxification, residential treatment, partial hospitalization, and intensive outpatient services, supported by a nationwide network of licensed and credentialed providers.

By actively managing transitions between levels of care and emphasizing timely access, discharge coordination, and follow-up support, Uprise Health helps members stabilize after treatment while supporting employers in controlling unnecessary costs and complexity.

To learn more about Uprise Health's Substance Use Disorder program and how our Managed Behavioral Health model can support your organization, contact Uprise Health to start a conversation about your workforce's needs.

