

## CASE STUDY



## COMPANY:

Solenis

## WEBSITE:

Solenis.com

## INDUSTRY:

Manufacturing company specialising in chemical, process, and water solutions



“Uprise Health has been getting 6 times more utilisation than other EAPs that I’ve worked with. It’s really refreshing to see the uptake for the online programs.

Raeleen Beavis,  
HR Manager

# Uprise Health Improves Engagement & Manager Support Ratings in Manufacturing

## Why Uprise Health?

- **35%** improvement in engagement
- **6x** more utilization of digitally enabled EAP
- Ratings of manager support **increased** from 5.8 to 8 out of 10, on average
- Wellbeing scores **improved** from 37 to 68 out of 100, on average

## Company Overview

Solenis is a manufacturing company specializing in chemical, process, and water solutions. They have been providing people, experience and technology driven solutions for over 100 years. They have complex divisions within their company that include in-office positions as well as fully remote roles in consulting, sales and logistics.

## Problem

Solenis had been offering traditional EAP services to their employees for many years, achieving a utilization rate of around 3-4%. They wanted a solution that would improve the accessibility of mental health support for all employees, not just those that were based in head office. Solenis was also looking for a service that would be appropriate for and utilized by the men in their workforce, who are often the majority in their teams.

## Solution

Solenis chose Uprise Health to address these challenges in part because our digitally enabled EAP has been shown to reduce the stigma associated with accessing mental health support. The Uprise Health program was rolled out to a division of their company, and they were pleased to find that 24% of employees signed up to the Uprise Health program.

Solenis employees were provided with digital collateral that promoted the program as a digital mental fitness bootcamp. To launch, an Uprise Health speaker joined a company-wide meeting to explain the digital programs, coaching, and confidentiality. This helped the company and employees shift away from the traditional EAP approach towards proactive conversations about mental health.

# Uprise Health Improves Engagement & Manager Support Ratings in Manufacturing

“

Short and easy to navigate with some very useful ideas and tools.

Great program with easy to follow content and excellent coaches who make it relevant to your situation.

Great advice from (my coach), I feel calmer and more relaxed at work.

Well worthwhile.

Employee Testimonials

In follow-up initiatives, Uprise Health trained managers at Solenis on more ways Uprise Health programs could be used to improve individual, team, and manager effectiveness. Leadership was also given guidance on how and when to respectfully refer a team member to EAP services.

## Outcomes

Uprise Health uses a Wellbeing Check to assess the wellbeing and mental health risk levels of our members. Each Wellbeing Check calculates a score out of 100, based on the World Health Organization’s Five Well-Being Index (WHO-5). Aggregate de-identified data on overall company wellbeing is then shared with the company to improve the visibility of mental health concerns and support, while still protecting the privacy of employees. data on overall company wellbeing is then shared with the company to improve the visibility of mental health concerns and support, while still protecting the privacy of employees.



52%

ENGAGEMENT BY MALES



35%

IMPROVEMENT IN ENGAGEMENT



27.5%

IMPROVEMENT RATING FOR PERCEIVED MANAGER SUPPORT



45.5%

INCREASE IN AVERAGE WELLBEING SCORES

*After four weeks of digitally enabled EAP support, the number of people showing a high stress risk reduced from 31% to 0%.*