



Perks at Work

Employee Assistance Program (EAP)

We're excited to offer Perks at Work as a free EAP benefit for employees and their families. The site offers thousands of discounts on your favorite merchants.

Welcome to Perks at Work

As a member of Uprise Health you have access to exciting perks like exclusive member pricing and free virtual classes. Perks at Work is a resource designed to help you save time & money by offering savings and rewards on the purchases you already make-big and small-so you can do more of what matters to you. Find savings at your favorite brands and live and on-demand classes for kids and adults

Employee Pricing

- Save time and money on everything you need to buy, from 30,000 merchants nationwide.
- You have access to better than public pricing on Employee Pricing Merchants, exclusively through Perks at Work.

Community Online Academy

- Thousands of FREE online classes live and on-demand for kids and adults focused on Learning, Wellness and Fun.

Relevant Perks

- Perks at Work uses smart insights to highlight offers relevant to you. You can see the most popular perks, those with the biggest discount and savings, and new brands added.

How to Access Perks at Work

Go to: worklife.uprisehealth.com

Access code: worklife

Select the WorkLife Matters tile and go the Savings Center. Enter your work email and "EAP" for your company. Once you are logged in, you can create a username and password.