**SUBJECT LINE:** Uprise Health EAP launching today

[insert your logo banner + Uprise Health

I’m glad to announce that the Uprise Health employee assistance program is launching today. I’ll be using the program myself, and I look forward to hearing about your experiences with it.

To access the member website:

* Go to the Uprise Health website <https://members.uprisehealth.com/>
* Sign-in using our company’s access code: **[insert access code]**

**What is the Uprise Health Program?**

Uprise Health offers an EAP that provides comprehensive EAP services for employees and their families. These services include:

* Confidential Counseling: Up to [X] face-to-face, video, or telephonic counseling sessions.
* 24-hour Crisis Help: Toll-free access for you or a family member when experiencing a crisis.
* Financial Support: 30 days of access to a financial expert who will work with you with financial stability by identifying financial goals, assessing your current financial situation, and providing a detailed action plan.
* Legal Services: One 30-minute legal consultation for each separate personal legal matter at no cost, and a 25% reduction from the normal hourly rate if you retain an attorney or mediator. Legal services cannot be used for employer related issues.
* Child and Parenting Services: Get resources and support on parenting, school issues, adoption, daycare, and more.
* Adult and Eldercare Services: Get assistance finding quality services including transportation, meals, activities, daytime care, housing, and more.
* Online Work-Life Resource Portal: Access resources on-demand that cover a wide variety of work-life issues from stress and personal growth to recent events and recipes.

Have a look at the EAP overview video [here](https://gateway.on24.com/wcc/eh/3651683/lp/3697817/eap-employee-orientation-video) for a better understanding of how all the aspects of the program works.

If you would like to sign up for the Uprise Health newsletter, sign up with [this newsletter form](https://uprisehealth.com/newsletter-form/).

**Confidentiality**  
Uprise Health is a confidential service. They provide de-identified outcome reports but never information that can identify a single employee.

Best,

[Insert signature]