



Your EAP Plus is simple to use.
It is confidential. It helps.

Caring and confidential support for
personal problems is available to you
and your dependents at no-cost.

Connect with an intake specialist at
1.800.395.1616 or through [Uprise
Health Platform.](#)

Help is just a
click away.



Visit app.uprisehealth.com to
learn more about your new benefits.

