**SUBJECT LINE:** Reminder to sign up for Uprise Health

[Insert your logo banner + 

I encourage you to sign up for Uprise Health, which we launched recently, to show how much we value you and your efforts at [Business Name].

Uprise Health is a digital EAP and mental health service that has a resilience app and options for personalised phone or chat coaching. They also offer therapy sessions.

Here are a few testimonials: [These can be replaced by any early users’ testimonials]

“… by far the simplest yet powerful program I’ve done”

“… the best coaching sessions I’ve ever had”

“… a fantastic emotional and intellectual experience”

Here are the registration steps:

**Via Mobile App:**

* Download the [iPhone app here](https://apps.apple.com/us/app/uprise-health/id1598587456) or the [Android version here](https://play.google.com/store/apps/details?id=com.ibh.uprise.prod)
* Create an account using our company’s access code: **[insert account code]**

**Via Desktop:**

* Go to the Uprise Health Member Portal site: https://members.uprisehealth.com/
* Create an account using our company’s access code: **[insert account code]**

Need more information? Watch the [onboarding video](https://eapplus-resources.uprisehealth.com/uprise-health-onboarding-video/) and [orientation video](https://eapplus-resources.uprisehealth.com/uprise-health-digital-eap-orientation/), or read through the [Uprise Health services flyer.](https://eapplus-resources.uprisehealth.com/digitally-enabled-eap-with-coaching-work-life-services/) Make sure you’re logged in to the Member Portal first!

Best,

[insert signature]