**SUBJECT LINE:** Uprise Health EAP launching today

[insert your logo banner + 

I’m glad to announce that the Uprise Health Employee Assistance Program is launching today. I’ll be using the program myself, and I look forward to hearing about your experiences with it.

To access the member website:

* Go to the Uprise website <https://members.uprisehealth.com/>
* Sign-in using our company’s access code: **[insert access code]**

**What is the Uprise Health EAP?**

Uprise Health offers an EAP that provides comprehensive mental health and work-life services for employees and their families. These services include:

* Confidential Counseling: Up to [X] face-to-face, video, or telephonic counseling sessions.
* 24-hour Crisis Help: Toll-free access for you or a family member when experiencing a crisis.
* Financial Support: 30 days of consecutive access to a financial expert who will work with you to attain financial stability by identifying financial goals, assessing your current financial situation, and providing a detailed action plan.
* Legal Services: One 30-minute legal consultation for each separate personal legal matter at no cost, and a 25% reduction from the normal hourly rate if you retain an attorney or mediator. Legal services cannot be used for employer related issues.
* Child & Parenting Services: Get resources and support on parenting, school issues, adoption, daycare, and more.
* Adult & Eldercare Services: Get assistance finding quality services including transportation, meals, activities, daytime care, housing, and more.
* Online Work-Life Resource Portal: Access resources on-demand that cover a wide variety of work-life issues from stress and personal growth to recent events and recipes.

Have a look at the EAP overview video [here](https://eap-resources.uprisehealth.com/uprise-health-traditional-eap-orientation/) for a better understanding of how all the aspects of the program works.

**Confidentiality**  
Uprise Health is a confidential service. They provide de-identified outcome reports but never information that can identify a single employee.

Best,

[Insert signature]